

# 1984 Michigan HS Girls Outdoor List

These lists are an attempt to recreate an accurate top 10+ list for the season. At this point, it is impossible to make an archival list like this 100% accurate, but even an imperfect list will give fans a snapshot of how the season played out and who the major players were.

Corrections and old results are welcome. This will be updated whenever I make important changes.

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**Sources:** Michtrack.org ATL, Jim Moyes' state champs research, David Woods' *History of Grand Rapids City League*, Oakland County champions.

Not yet-- Newspapers.com. Need more microfilm newspaper research from other areas: Detroit, Flint, Saginaw, Kalamazoo, Jackson, Monroe, etc, as well as copies of original results.



*At right: Aussie Michelle Bews of Seaholm dominated the distances, winning the 1600 and 3200 at the Class A Finals.*

## 100 YARDS

11.0	Jeanan Langston (Benton Harbor)	Grand Rapids/A Regional.....	5/19/1984
11.1	Michelle Rimpson (Benton Harbor)11	Grand Rapids/A Regional.....	5/19/1984
11.2	Charmaine Byer (Ann Arbor Pioneer-TRI)12	Jackson/A Regional.....	5/19/1984
11.4	Stacy Selman (River Rouge)	Warren/B Regional.....	5/19/1984
11.4	Dulece Jordan (Ypsilanti)	Jackson/A Regional.....	5/19/1984
11.4	Karen Wallace (Battle Creek Lakeview)	(BCE list).....	/1984
11.5	Andrea Brooks (Pontiac Northern)	Clawson/Oakland County.....	5/25/1984

## 100 METERS

11.75	Paulette Bryant (Southgate Aquinas)12	Ft Wayne/Midwest Meet of Champions.....	6/ 9/1984
12.10	Shenitha Walker (Muskegon Heights)12	Ft Wayne/Midwest Meet of Champions.....	6/ 9/1984

### Hand-timed:

11.7	Paulette Bryant (Southgate Aquinas)12	Caro/B State.....	6/ 2/1984
11.7	Shirley Evans (Detroit Country Day)9	(DFP) .....	/1984
11.9	Michelle Rimpson (Benton Harbor)11	Jackson/A State .....	6/ 2/1984
11.9	Shenitha Walker (Muskegon Heights)	Caro/B State.....	6/ 2/1984
12.0	Chijuana Hamilton (Comstock)	Caro/B State.....	6/ 2/1984
12.1	Jeanan Langston (Benton Harbor)12	Jackson/Jackson Relays.....	4/27/1984
12.1	Andrea Brooks (Pontiac Northern)	West Bloomfield/A Regional .....	5/19/1984
12.1	Angie Prince (Detroit Pershing)12	Jackson/A State .....	6/ 2/1984
12.1	Pamela Brown (Flint Northern)	Jackson/A State .....	6/ 2/1984
12.2	Dana McKeithen (Detroit Cass Tech)	Jackson/A State .....	6/ 2/1984
12.2	Sherron Tree (Lansing Everett)	Jackson/A State .....	6/ 2/1984
12.2	Tammy Oostendorp (Hudsonville Unity Christian)	Caro/B State.....	6/ 2/1984
12.2	April Wright (Saginaw Buena Vista)	Caro/B State.....	6/ 2/1984
12.2	Tammy Bryans (Hastings)	Caro/B State.....	6/ 2/1984
12.2	Janet Evans (Muskegon Heights)	Caro/B State.....	6/ 2/1984

## 200 METERS

26.18	Melanie Lovely (Concord)	Traverse City/D State .....	6/ 2/1984
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### Hand-timed:

24.3	Angie Prince (Detroit Pershing)12	Jackson/A State .....	6/ 2/1984
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24.4	Latonja Curry (Grand Rapids Ottawa Hills)12	Jackson/A State .....	6/ 2/1984
24.6+	Curry	Grand Rapids/Bos Inv (24.7) .....	5/24/1984
24.7	Shirley Evans (Detroit Country Day)9	Springfield/JO Regional .....	6/30/1984
25.0	Michelle Rimpson (Benton Harbor)11	Jackson/Jackson Relays .....	4/27/1984
25.1	Tammy Oostendorp (Hudsonville Unity Christian)	Caro/B State.....	6/ 2/1984
25.1	Sandra Rice (Benton Harbor)12	Jackson/A State .....	6/ 2/1984
25.2	Lisa McCoy (Pontiac Northern)	Jackson/A State .....	6/ 2/1984
25.2	Deanita Morrow (Detroit Cooley)	Jackson/A State .....	6/ 2/1984
25.2	April Wright (Saginaw Buena Vista)	Caro/B State.....	6/ 2/1984
25.3	Karen Wallace (Battle Creek Lakeview)	Caro/B State.....	6/ 2/1984
25.4	Pamela Brown (Flint Northern)	Jackson/A State .....	6/ 2/1984
25.6+	Charmaine Byer (Ann Arbor Pioneer-TRI)12	Jackson/A Regional.....	5/19/1984
25.6	Kristi Jackson (Detroit Country Day)12	Clare/C State.....	6/ 2/1984
25.6	LaToya Bolling (Dearborn Heights Robichaud)	Caro/B State.....	6/ 2/1984

#### 400 METERS

56.39	Charmaine Byer (Ann Arbor Pioneer-TRI)12	Columbus .....	6/ /1984
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#### Hand-timed:

56.3+	Charmaine Byer (AA Pioneer-TRI)12	Champs [56.6y] .....	/1984
56.3+	Vera Pruitt (Detroit Chadsey)12	A Regional [56.6y] .....	5/19/1984
56.6	Pruitt	Jackson/A State .....	6/ 2/1984
56.9	Byer	Jackson/A State .....	6/ 2/1984
57.5	Tammy Oostendorp (Hudsonville Unity Christian)	Caro/B State.....	6/ 2/1984
57.3+	Latonja Curry (Grand Rapids Ottawa Hills)	Grand Rapids/A Regional (57.6) .....	5/19/1984
58.3	Karin Surratt (Ann Arbor Pioneer)	Jackson/A State .....	6/ 2/1984
58.3	Dulece Jordan (Ypsilanti)	Jackson/A State .....	6/ 2/1984
58.5	Barbara Stinson (Jackson)	Jackson/A State .....	6/ 2/1984
58.6	Karen Opp (Westland Glenn)	Jackson/A State .....	6/ 2/1984
58.7	Carrie Prevett (Clintondale Chippewa Valley)	Jackson/A State .....	6/ 2/1984
58.8	Nancy Wheeler (Detroit Cass Tech)	Jackson/A State .....	6/ 2/1984
58.9	Kathy Shacklett (Mt Clemens L'Anse Creuse)	Caro/B State.....	6/ 2/1984
59.0	Tonya Tarpley (Pontiac Northern)	West Bloomfield/A Regional .....	5/19/1984
59.0	Jeana Vandermuellen (Middleville T-K)	Clare/C State.....	6/ 2/1984
59.0	Joan Arndt (Livonia Ladywood)	Caro/B State.....	6/ 2/1984

#### 800 METERS

2:13.99	Angela Jones (Detroit Cass Tech)	Lincoln.....	7/ 8/1984
2:15.7	Stephanie Robertson (Midland)	Jackson/A State .....	6/ 2/1984
2:16.7	Jones	Jackson/A State .....	6/ 2/1984
2:17.0	Mary Ballantyne (Birmingham Seaholm)	Jackson/A State .....	6/ 2/1984
2:17.6	Sharon Armstrong (Detroit Kettering)	Jackson/A State .....	6/ 2/1984
2:17.6	Laura Matson (Bloomfield Hills Andover)	Jackson/A State .....	6/ 2/1984
2:17.4	Jolene Crooks (Benzie Central)	Clare/C State.....	6/ 2/1984
2:18.5	Teresa Stouffer (Royal Oak Shrine)	Caro/B State.....	6/ 2/1984
2:18.8	Deborah Jinnah (Flint Northern)	Jackson/A State .....	6/ 2/1984
2:19.2	Chris Cooper (Richland Gull Lake)	Comstock/Wolverine .....	5/23/1984
2:20.1	Kelly Cracchiolo (Richmond)	Caro/B State.....	6/ 2/1984
2:20.4	Kelly Betzold (Sterling Heights Stevenson0	Jackson/A State .....	6/ 2/1984
2:20.5	Yolanda Liles (Saginaw)	Jackson/A State .....	6/ 2/1984

#### 1600 METERS

4:59.6	Michelle Bews (Birmingham Seaholm-AUS)12	Jackson/A State .....	6/ 2/1984
5:00.1	Bews	Troy/A Regional.....	5/18/1984
5:00.3	Mary Peruski (Dearborn Edsel Ford)	Jackson/A State .....	6/ 2/1984
5:01.2+	Teresa Stouffer (Royal Oak Shrine)	Clawson/Oakland County (5:02.9) .....	5/25/1984
5:01.6	Sharon Armstrong (Detroit Kettering)	Jackson/A State .....	6/ 2/1984
5:05.1	Laura Matson (Bloomfield Hills Andover)	Jackson/A State .....	6/ 2/1984
5:08.2	Traci Babcock (Iron Mountain)	Marquette/UPC State .....	5/26/1984
5:09.1	Jolene Crooks (Benzie Central)	Clare/C State.....	6/ 2/1984
5:09.1	Julia Recla (Livonia Churchill)	Jackson/A State .....	6/ 2/1984
5:10.2	Kim Adent (St Joseph)	Caro/B State.....	6/ 2/1984
5:11.9	Kay Gemrich (Richland Gull Lake)	Caro/B State.....	6/ 2/1984

**3000 METERS**

10:14.9 Danielle Harpell (Ann Arbor Pioneer)8 Springfield ..... 6/30/1984

**3200 METERS**

10:29.9+ Michelle Bews (Birmingham Seaholm-AUS)12 Clawson/Oakland County (10:33.5) ..... 5/25/1984  
10:49.2 Bews Jackson/A State ..... 6/ 2/1984  
10:51.5+ Teresa Stouffer (Royal Oak Shrine) Clawson/Oakland County (10:55.3) ..... 5/25/1984  
10:56.9+ Stouffer Warren/B Regional (11:00.7) ..... 5/19/1984  
10:57.6 Bews Troy/A Regional ..... 5/18/1984  
11:10.1 Mary Peruski (Dearborn Edsel Ford) Jackson/A State ..... 6/ 2/1984  
11:13.8 Traci Babcock (Iron Mountain) Marquette/UPC State ..... 5/26/1984  
11:14.2 Teresa Stouffer (Royal Oak Shrine) Caro/B State ..... 6/ 2/1984  
11:14.56 Larissa Szporluk (Ann Arbor Greenhills) Traverse City/D State ..... 6/ 2/1984  
11:16.4 Sharon Armstrong (Detroit Kettering) Jackson/A State ..... 6/ 2/1984  
11:18.8 Ava Udvardia (Lansing Everett) Lansing/A Regional ..... 5/18/1984  
11:19.0 Nancy Warnica (Rochester Adams) Troy/A Regional ..... 5/18/1984  
11:21.5 Elizabeth Lehenbauer (Dearborn Edsel Ford) Jackson/A State ..... 6/ 2/1984  
11:22.3+ Kay Gemrich (Richland Gull Lake) (BCE list) (11:26.2) ..... /1984  
11:23.1 Lisa Greb (Sterling Heights Ford) Jackson/A State ..... 6/ 2/1984  
11:27.6 Brenda Pippel (Holland) Jackson/A State ..... 6/ 2/1984  
11:27.8 Kris Salt (Dearborn Edsel Ford) Jackson/A State ..... 6/ 2/1984

**100 HURDLES (33")**

14.50 Carolyn Ferguson (Benton Harbor)12 ..... /1984  
15.27 Eleanor Marks (Potterville) Traverse City/D State ..... 6/ 2/1984

**Hand-timed:**

14.2 Nikki Williams (Ann Arbor Huron)11 Ann Arbor ..... 5/10/1984  
14.5 Carolyn Ferguson (Benton Harbor)12 Jackson/A State ..... 6/ 2/1984  
14.5 Paulette Bryant (Southgate Aquinas)12 Caro/B State ..... 6/ 2/1984  
14.6 Cathy Nash (Saginaw)11 Jackson/A State ..... 6/ 2/1984  
14.7 Dorothy Washington (Lansing Everett)0 Jackson/A State ..... 6/ 2/1984  
14.7 Geri Isbell (Brighton) Jackson/A State ..... 6/ 2/1984  
14.8 Felecia Veal (Saginaw Buena Vista) Caro/B State ..... 6/ 2/1984  
14.8 Kristi Jackson (Detroit Country Day)12 Clare/C State ..... 6/ 2/1984  
14.8 Cindy Panowicz (Northville)11 Jackson/A State ..... 6/ 2/1984  
14.9 Manning (Hartford) Benton Harbor/Rotary ..... 5/29/1984  
15.0 Amy McQuillan (Saginaw MacArthur) Caro/B State ..... 6/ 2/1984

**Wind-aided, hand-timed:**

14.1 Kristi Jackson (Detroit Country Day)12 ..... /1984

**300-METER HURDLES (30")**

44.85 Sherri Jones (West Michigan Christian) Traverse City/D State ..... 6/ 2/1984  
46.16 Lisa Nixon (Ann Arbor Greenhills) Traverse City/D State ..... 6/ 2/1984  
46.46 Eleanor Marks (Potterville) Traverse City/D State ..... 6/ 2/1984

**Hand-timed:**

42.4 Carolyn Ferguson (Benton Harbor)12 Jackson/A State ..... 6/ 2/1984  
43.5 Cathy Nash (Saginaw)11 Jackson/A State ..... 6/ 2/1984  
43.6 Cindy Panowicz (Northville)11 Jackson/A State ..... 6/ 2/1984  
43.6 Sabrina Jordan (Ann Arbor Pioneer)10 ..... /1984  
43.7 Nikki Williams (Ann Arbor Huron)11 ..... /1984  
44.0 Paulette Bryant (Southgate Aquinas)12 Caro/B State ..... 6/ 2/1984  
44.6 Bryant B Regional ..... 5/19/1984  
44.9 Geri Isbell (Brighton) Jackson/A State ..... 6/ 2/1984  
45.4 Lisa Reynolds (Grand Rapids Ottawa Hills) Jackson/A State ..... 6/ 2/1984  
45.5+ Jennifer Farough (Clarkston) Clawson/Oakland County (45.7) ..... 5/25/1984  
45.6 Tohanna Hawkins (Detroit Pershing) Jackson/A State ..... 6/ 2/1984  
45.7 Lawanda Moten (Detroit Cass Tech) Jackson/A State ..... 6/ 2/1984

**400-METER HURDLES (30")**

1:02.22 Cindy Panowicz (Northville)11 Los Angeles/USA Junior (s) ..... 6/23/1984

**HIGH JUMP**

5-9.5	Cathy Nash (Saginaw)11	Saginaw .....	5/12/1984
5-9	Debra Hartline (Cassopolis)12	Clare/C State.....	6/ 2/1984
5-9	Hartline	Ft Wayne/Midwest MOC .....	6/ 9/1984
5-8	Hartline	Covert/Relays.....	5/ 4/1984
5-6	Jeanine Gant (Midland Dow)	Jackson/A State .....	6/ 2/1984
5-5	Mary Wyckoff (Port Huron Northern)	(PHTH list).....	/1984
5-5	Lisa Newbacker (Waterford Mott)	Clawson/Oakland County.....	5/25/1984
5-5	Marti Kidus (Addison)	Clare/C State.....	6/ 2/1984
5-4	Bridget Kilcine (Clarkston)	West Bloomfield/Inv.....	5/ 5/1984
5-4	Sue Buikema (Hudsonville Unity Christian)	Caro/B State.....	6/ 2/1984
5-4	Sheila Papatriantafyllou (Fraser)	Jackson/A State .....	6/ 2/1984
5-4	Yvette Carriere (Grand Blanc)	Jackson/A State .....	6/ 2/1984
5-4	Cathy Nash (Saginaw)	Jackson/A State .....	6/ 2/1984
5-4	Sambia Shivers (Farmington)	Jackson/A State .....	6/ 2/1984
5-4	Kim Hobbs (Lake Orion)	Jackson/A State .....	6/ 2/1984
5-4	Laura Piper (Midland)	Jackson/A State .....	6/ 2/1984
5-4	Michelle Kowalski (Roseville)	Jackson/A State .....	6/ 2/1984

**LONG JUMP**

18-7.5	LaTonja Curry (Grand Rapids Ottawa Hills)12	Grand Rapids/City Meet.....	5/15/1984
18-1	Carol Ush (East Kentwood)	Jackson/A State .....	6/ 2/1984
18-0.75	Curry	Mt Pleasant/CMU Relays .....	4/28/1984
17-10	Nancy Nowak (Bay City Western)	Jackson/A State .....	6/ 2/1984
17-8	Tania Danfoath (Harper Woods Gallagher)	Jackson/A State .....	6/ 2/1984
17-5.75	Chris Wilson (Ann Arbor Richard)	Clare/C State.....	6/ 2/1984
17-4.5	Jacqueline Banks (Lansing Everett)	Lansing/A Regional .....	5/18/1984
17-4.25	Betty Bultendag (Battle Creek Central)	(BCE list).....	/1984
17-3.25	Melanie Lovely (Concord)	Traverse City/D State .....	6/ 2/1984
17-3	Robin Nash (Royal Oak Kimball)	Clawson/Oakland County.....	5/25/1984
17-3	Shenitha Walker (Muskegon Heights)	Caro/B State.....	6/ 2/1984
17-2.75	Lori Calka (Cass City)	Clare/C State.....	6/ 2/1984
17-1.5	Imelda Ramirez (St Joseph)	Benton Harbor/Rotary .....	5/29/1984
17-1	Lenore Stephen (Detroit Lutheran West)	Clare/C State.....	6/ 2/1984
17-0.25	Polly Johnson (Flint Northern)	Jackson/A State .....	6/ 2/1984
17-0.25	Jill Chaffee (Flint Carman)	Caro/B State.....	6/ 2/1984
17-0.25	Brenda Stewart (Covert)	Traverse City/D State .....	6/ 2/1984
17-0	Laura Gidley (Gwinn)	Marquette/UPAB State .....	5/26/1984

**Wind-aided:**

19-3.25	LaTonja Curry (Grand Rapids Ottawa Hills)12	Jackson/A State .....	6/ 2/1984
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**SHOT (4kg)**

43-11	Lenore Richardson (Flint Central)	.....	/1984
42-6	Yvonne Laderach (Erie-Mason)11	Baton Rouge .....	7/22/1984
42-0	Laderach	Clare/C State.....	6/ 2/1984
41-8.5	Richardson	Mt Pleasant/CMU Relays .....	4/28/1984
40-7.25	Debbie Duncan (Ann Arbor Huron)	Jackson/A State .....	6/ 2/1984
40-3	Jeannia Stuppia (Clare)	Clare/C State.....	6/ 2/1984
39-4.25	Sharon Crump (Lansing Eastern)	Jackson/A State .....	6/ 2/1984
39-2.25	Donna Wright (Parchment)	Clare/C State.....	6/ 2/1984
38-10.5	Alicia Snyder (Michigan Center)	Clare/C State.....	6/ 2/1984
38-6.5	Anna Parish (Westland Glenn)	Jackson/A State .....	6/ 2/1984
38-6.25	Anita Capone (Paw Paw)	Benton Harbor/Rotary .....	5/29/1984
38-3.75	Jenny Busch (Charlotte)	Caro/B State.....	6/ 2/1984

**DISCUS**

152-6	Donna Wright (Parchment)12	.....	/1984
150-7	Wright	Clare/C State.....	6/ 2/1984
149-4	Wright	Delton/KVA.....	5/23/1984
141-3	Sue Hogg (Delton)12	Delton/dual .....	5/ 9/1984
133-0	Angelique Bell (Benton Harbor)10	Benton Harbor/Rotary .....	5/29/1984
128-7	Linda Anderson (Watervliet)	Benton Harbor/Rotary .....	5/29/1984

128-6	Stephanie Joseph (Flint Carman)	Caro/B State.....	6/ 2/1984
124-1	Robin Gryzen (Hudsonville)	Caro/B State.....	6/ 2/1984
122-9	Debbie Duncan (Ann Arbor Huron)	A Regional.....	5/19/1984
122-4	Beth Burdo (Hemlock)	Caro/B State.....	6/ 2/1984
121-4	Anita Capone (Paw Paw)	Caro/B State.....	6/ 2/1984
120-11	Amy Wingate (Hillsdale)	Caro/B State.....	6/ 2/1984
120-10	Yvonne Laderach (Erie Mason)	Clare/C State.....	6/ 2/1984
120-5	Davis (East Lansing)	Lansing/A Regional.....	5/18/1984
119-7	Julie Diedrich (Webberville)	Traverse City/D State.....	6/ 2/1984

#### JAVELIN

100-1	Crystal Westfield (Ann Arbor Pioneer)	Grand Ledge/all-comers.....	/1984
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#### 4 x 100-METER RELAY

51.65	Athens	Traverse City/D State.....	6/ 2/1984
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#### Hand-timed:

47.5	Benton Harbor (Michelle Rimpson, Linda McMillion, Sandra Rice, Jeanan Langston)	Jackson/Relays.....	4/27/1984
47.9	Benton Harbor (Marita Rimpson, Linda McMillion, Sandra Rice, Chauna Burton)	Jackson/A State.....	6/ 2/1984
48.2+	Benton Harbor	Grand Rapids/A Regional (48.4).....	5/19/1984
48.4	Benton Harbor	Benton Harbor/Rotary.....	5/29/1984
48.5	Detroit Cass Tech	Jackson/A State.....	6/ 2/1984
49.0	Pontiac Northern	Jackson/A State.....	6/ 2/1984
49.2	Detroit Cass Tech	Wyandotte/A Regional.....	5/19/1984
49.3	Ann Arbor Pioneer	West Bloomfield/Inv.....	5/ 5/1984
49.4	Grand Rapids Ottawa Hills	Jackson/A State.....	6/ 2/1984
49.5	Flint Central	Jackson/A State.....	6/ 2/1984
49.7	Highland Park	Jackson/A State.....	6/ 2/1984
49.8	Flint Northern	Jackson/A State.....	6/ 2/1984
49.9	Muskegon Heights	Caro/B State.....	6/ 2/1984
50.0	Southfield	Troy/A Regional.....	5/18/1984
50.1+	Rochester	Clawson/Oakland County (50.3).....	5/25/1984
50.4	Detroit Country Day	Clare/C State.....	6/ 2/1984
50.4	River Rouge	Caro/B State.....	6/ 2/1984

#### 4 x 200-METER RELAY

1:39.2	Benton Harbor (Marita Rimpson, Linda McMillion, Sandra Rice, Carolyn Ferguson)	Jackson/A State.....	6/ 2/1984
1:40.8	Benton Harbor	Benton Harbor/Rotary.....	5/29/1984
1:41.0	Ann Arbor Pioneer	Jackson/A State.....	6/ 2/1984
1:41.1	Ann Arbor Pioneer	West Bloomfield/Inv.....	5/ 5/1984
1:41.4	Benton Harbor	Flint/Mott Relays.....	5/ 4/1984
1:41.5	Detroit Chadsey	Jackson/A State.....	6/ 2/1984
1:42.1	Detroit Cass Tech	Jackson/A State.....	6/ 2/1984
1:42.5	Pontiac Northern	Jackson/A State.....	6/ 2/1984
1:43.1	Lansing Everett	Lansing/A Regional.....	5/18/1984
1:43.5	Muskegon Heights	Caro/B State.....	6/ 2/1984
1:43.9	Flint Northern	Jackson/A State.....	6/ 2/1984
1:44.0	Highland Park	Jackson/A State.....	6/ 2/1984
1:45.1	Lansing Sexton	Lansing/A Regional.....	5/18/1984
1:45.2+	Grand Rapids Ottawa Hills	Grand Rapids/City Meet (1:45.8).....	5/15/1984
1:45.4	Detroit Country Day	Clare/C State.....	6/ 2/1984

#### 4 x 400-METER RELAY

3:49.7	Ann Arbor Pioneer (Karin Surratt, Rolanda Officer, Charmaine Byer, Victoria Shields)	Jackson/A State.....	6/ 2/1984
3:54.3	Detroit Chadsey	Jackson/A State.....	6/ 2/1984
3:56.6	Saginaw	Jackson/A State.....	6/ 2/1984
3:57.2	Grand Rapids Ottawa Hills	Jackson/A State.....	6/ 2/1984
3:57.9	Benton Harbor	Jackson/A State.....	6/ 2/1984
3:58.0	Muskegon	Jackson/A State.....	6/ 2/1984

3:58.5	Flint Northern	Jackson/A State .....	6/ 2/1984
3:58.8	Benton Harbor	Flint/Mott Relays .....	5/ 4/1984
3:59.5	Ypsilanti	Jackson/A State .....	6/ 2/1984
4:03.1	Westland Glenn	Jackson/A Regional.....	5/19/1984
4:03.4	Burton Bentley	Clare/C State.....	6/ 2/1984
4:03.8+	Pontiac Northern	Bloomfield Hills/Oakland County (4:05.2)...	5/25/1984
4:03.9	Troy	Troy/A Regional.....	5/18/1984
4:04.7	Livonia Ladywood	Caro/B State.....	6/ 2/1984

**4 x 800-METER RELAY**

9:34.1	Dearborn Edsel Ford	Wyandotte/A Regional.....	5/19/1984
9:35.1	Dearborn Edsel Ford	Jackson/A State .....	6/ 2/1984
9:42.1+	Richland Gull Lake	(BCE list) (9:45.4).....	/1984
9:42.9	Burton Bentley	Clare/C State.....	6/ 2/1984
9:44.3	Wyoming Park	Caro/B State.....	6/ 2/1984
9:45.4	Rochester Adams	Jackson/A State .....	6/ 2/1984
9:45.5	Sterling Heights Stevenson	Port Huron/A Regional .....	5/19/1984
9:45.9	Detroit Cass Tech	Jackson/A State .....	6/ 2/1984
9:46.2	Redford Union	Jackson/A State .....	6/ 2/1984
9:46.2	Jackson Lumen Christi	Caro/B State.....	6/ 2/1984
9:46.5	Benzie Central	Clare/C State.....	6/ 2/1984
9:47.0	Milford	Jackson/A State .....	6/ 2/1984
9:48.6	Ann Arbor Huron	Jackson/A State .....	6/ 2/1984
9:49.5	New Baltimore Anchor Bay	Port Huron/A Regional .....	5/19/1984
9:50.0	Birmingham Seaholm	Clawson/Oakland County.....	5/25/1984
9:50.0	Detroit Chadsey	Jackson/A State .....	6/ 2/1984

**4 x 1600-METER RELAY**

23:10.3	Royal Oak Shrine	Madison Heights/KC Relays.....	4/29/1984
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**800-METER SPRINT MEDLEY**

1:54.6	Charlotte	(meet?).....	/1984
1:55.4y	Charlotte	Hastings/Relays .....	4/28/1984
1:56.5	Kalamazoo Central	Marshall/Relays.....	5/ 4/1984
1:58.4	Mason	Marshall/Relays.....	5/ 4/1984
1:58.9y	Fowler	Olivet/Relays .....	4/21/1984
1:59.0	Coldwater	Dowagiac/SMC Relays .....	4/28/1984
1:59.0	Dearborn Divine Child	Madison Heights/KC Relays.....	4/29/1984
1:59.5y	Potterville	Olivet/Relays .....	4/21/1984

**1200-METER SPRINT MEDLEY**

2:57.1	Muskegon Heights	(meet?).....	/1984
2:57.2	East Kentwood	(meet?).....	/1984
3:00.3	Muskegon Mona Shores	(meet?).....	/1984
3:02.1	Marysville	New Baltimore/Anchor Bay Relays .....	5/ 2/1984
3:02.5	Fulton	Breckenridge/Huskie Relays .....	5/ 5/1984
3:04.2	Oxford	Madison Heights/KC Relays.....	4/29/1984
3:05.4	New Baltimore Anchor Bay	New Baltimore/Anchor Bay Relays .....	5/ 2/1984

**1600-METER SPRINT MEDLEY**

4:19.1	West Bloomfield	West Bloomfield/Inv.....	5/ 5/1984
4:20.5	Brighton	West Bloomfield/Inv.....	5/ 5/1984
4:22.6	Pontiac Northern	West Bloomfield/Inv.....	5/ 5/1984
4:23.0	Lansing Sexton	Mt Pleasant/CMU Relays .....	4/28/1984
4:23.3	Rochester	West Bloomfield/Inv.....	5/ 5/1984
4:25.4	Ann Arbor Pioneer	West Bloomfield/Inv.....	5/ 5/1984
4:26.8	Clarkston	West Bloomfield/Inv.....	5/ 5/1984
4:31.0	Burton Bentley	Mt Pleasant/CMU Relays .....	4/28/1984
4:32.3	Grayling	Petoskey/Kiwanis Relays .....	5/21/1984
4:33.1	Fowler	Mt Pleasant/CMU Relays .....	4/27/1984

**2400-METER MEDLEY**

6:50.0 Flint Northern  
 6:53.0 Benton Harbor  
 7:06.5 Hartland  
 7:21.0 Ann Arbor Greenhills

Flint/Mott Relays ..... 5/ 4/1984  
 Flint/Mott Relays ..... 5/ 4/1984  
 ..... /1984  
 ..... /84

**DISTANCE MEDLEY**

12:35.7 Dearborn Edsel Ford  
 13:47.2 Flint Powers  
 13:48.0y Charlotte  
 13:52.3 St Johns  
 13:54.6 Troy Athens  
 13:55.1 Carson City  
 13:56.0 St Joseph

(meet?)..... /1984  
 Corunna/Relays ..... 5/ 4/1984  
 Hastings/Relays ..... 4/28/1984  
 Corunna/Relays ..... 5/ 4/1984  
 Port Huron/Husky Relays..... 4/21/1984  
 Breckenridge/Huskie Relays ..... 5/ 5/1984  
 Dowagiac/SMC Relays ..... 4/28/1984